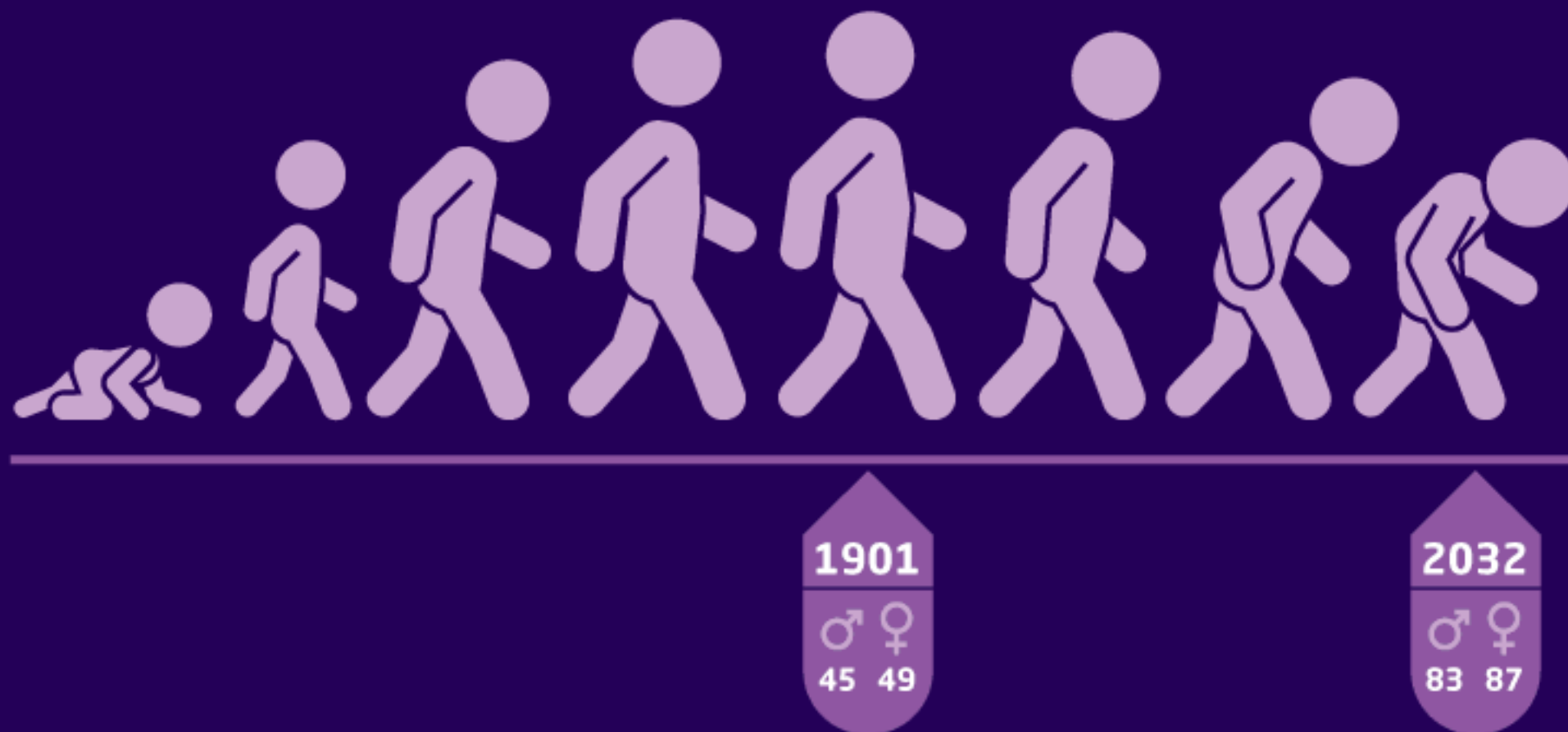
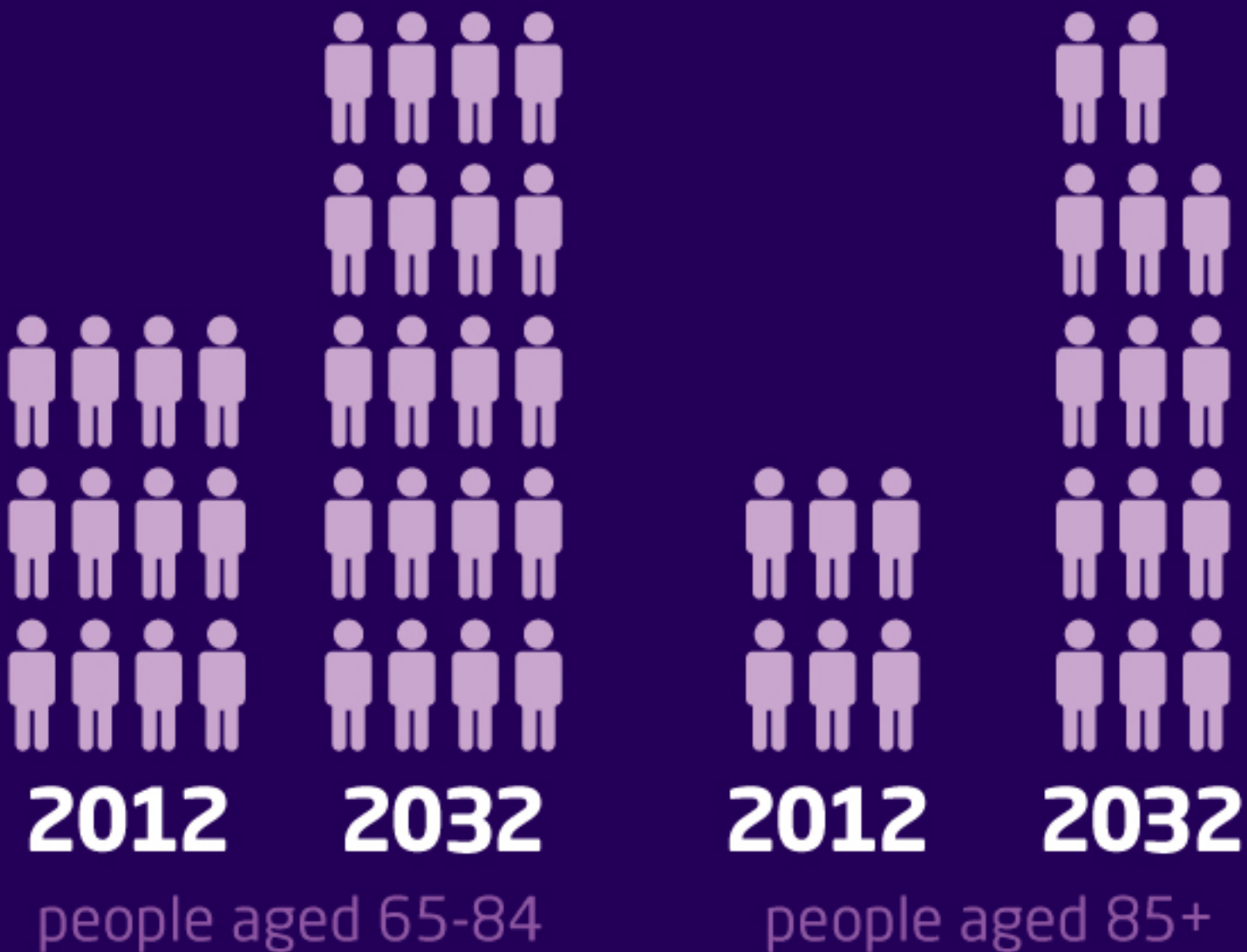


The changing patient

In 1901 life expectancy in England was 45 years for men and 49 years for women. In 2012 men and women could expect to live for just over 79 years and 83 years respectively. By 2032 this is expected to extend by a further four years for both sexes.

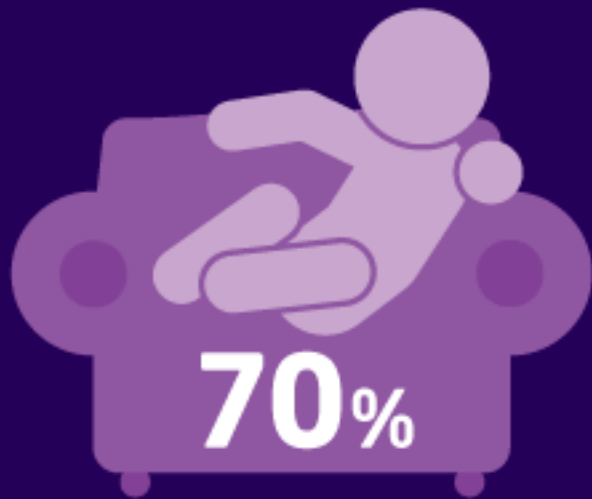


Over the next 20 years the number of people in England aged 65-84 will grow by over a third and those over 85 will more than double.



11.3m people are predicted to be living on their own in England by 2033, 40% of all households. In 1961 only 12% of households were single-person households.





of the adult population are inactive

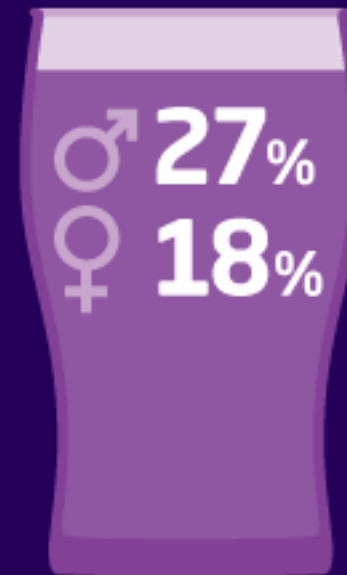


do not eat the recommended amounts of fruit & vegetables

21%
smoke

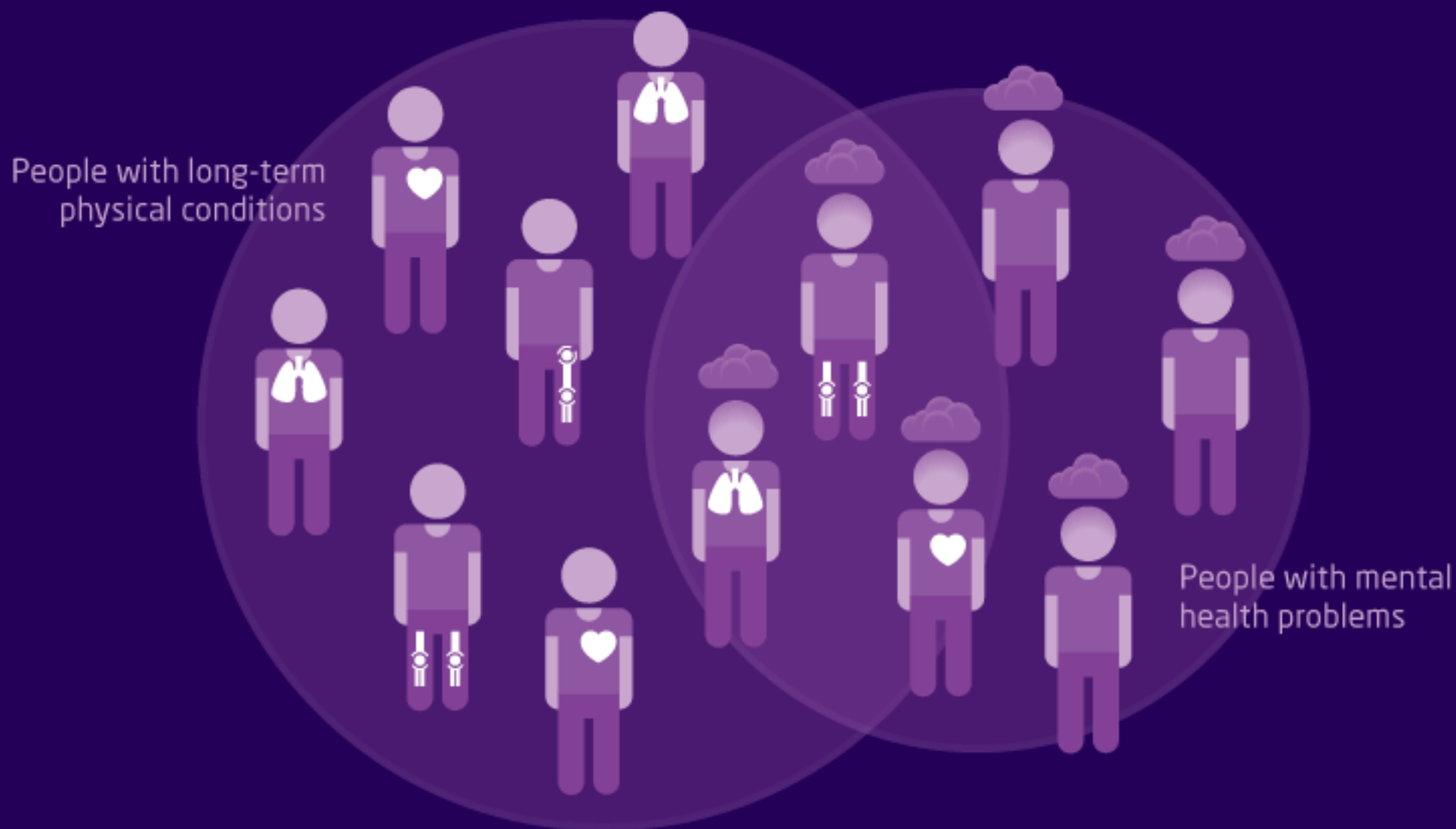


are obese

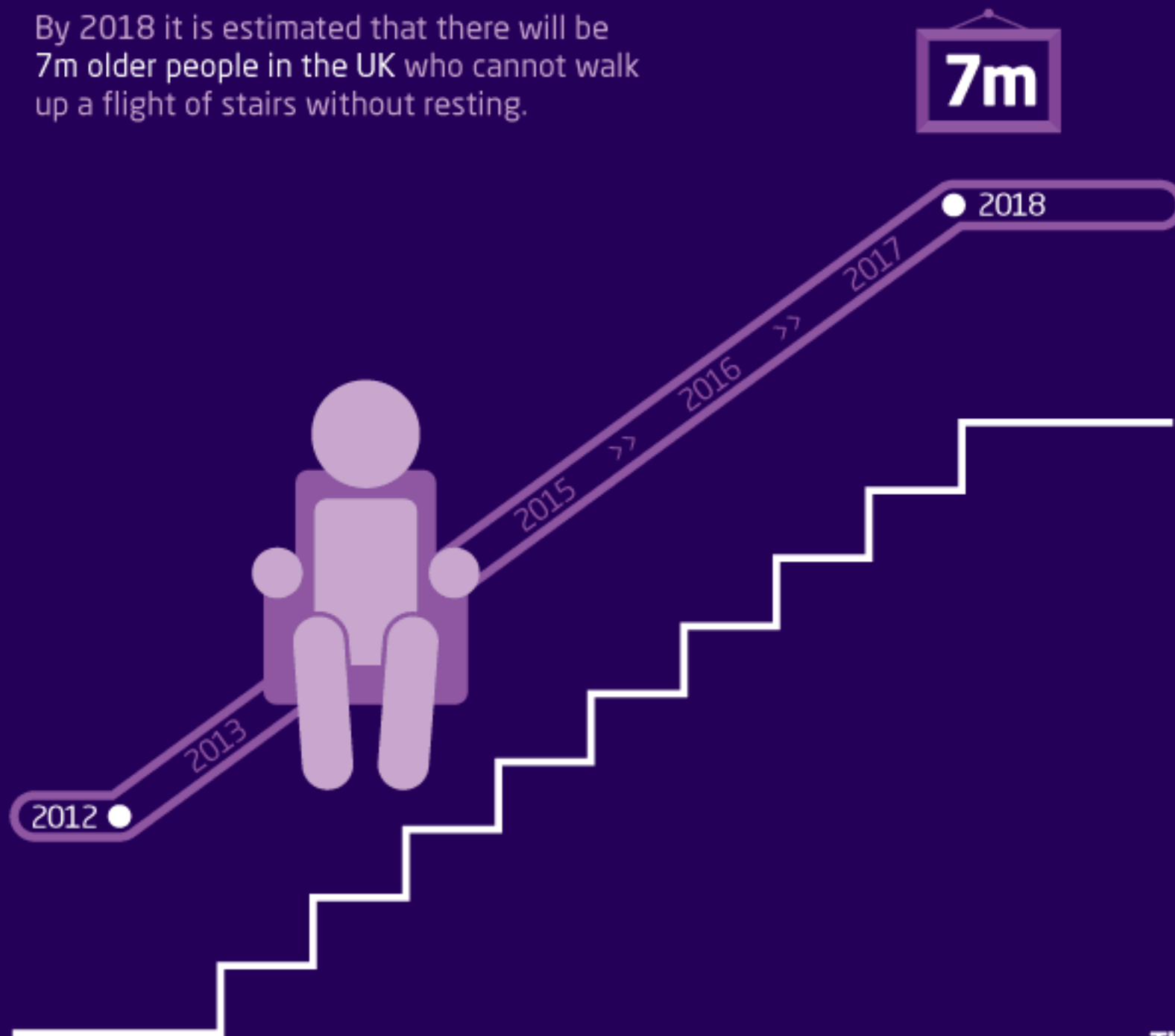


drink more than recommended safe limits of alcohol

Around 30% of all people with a long-term physical condition in England also have a mental health problem, most commonly depression/anxiety. Mental health problems exacerbate physical illness.



By 2018 it is estimated that there will be 7m older people in the UK who cannot walk up a flight of stairs without resting.



It is expected that by 2032 everyone will be able to access the internet everywhere and the current digital divide between young and old, rich and poor will be a thing of the past.

